

Outreach and Reintegration Service Information Guide 2019-2020

The New Horizons Federation Outreach Service work in close partnership with Bexley schools and academies to provide effective short term intervention **targeted at children and young people at risk of permanent exclusion.**

Services offered include;

- Strategic advice on behaviour management and Inclusive practice,
- Direct intervention and bespoke behaviour support programmes,
- Specialised support for students with SEN and those undergoing statutory assessment,
- Structured assessments to indicate developmental support,
- Formalised partnerships with parents and carers,
- Practical support including behaviour audits and development of internal policies and systems,
- Targeted work for young people at risk of anti-social or criminal behaviours,
- Outward Bound Programmes using open space to develop emotional intelligence,
- Mediation regarding anti-bullying and discriminatory behaviours,
- Restorative approaches to mediate between pupils, staff and parents,
- Training available to governors, teachers and school teams,
- Reintegration support for all students upon completion of intervention programmes offered by Horizons Academy Bexley.

Our aim is to support schools and academies in identifying and addressing challenging behaviour whilst keeping children and young people in the mainstream setting. Where this is not possible a referral for a short stay Refocus Programme may be considered for students in KS1, KS2 and KS3 or Long Term Placement for students in KS4 in partnership with Horizons Academy Bexley.

The outreach team provide a menu of services specifically designed to address the spectrum of difficulty experienced across primary and secondary schools and academies.

'Providing strategic advice and practical support to mainstream schools to improve behaviour and prevent permanent exclusion'

The New Horizons Federation Outreach Team

The Outreach Team work in partnership with Horizons Academy and our specialist SEMH schools to offer assistance in the management of children and young people exhibiting challenging behaviour which could otherwise result in permanent exclusion from the mainstream setting. We offer support to primary and secondary academy schools across the London Borough of Bexley and neighbouring local authorities.

The Outreach Team Members

The outreach team members share a wealth of experience and qualification in working with disaffected young people across both the primary and secondary phase and those in specialist and alternative provision. Our skill set includes experience in teaching, special educational needs, youth service, youth justice and managing and implementing inclusive systems and behaviour management strategies within a mainstream environment.

Suitability Criteria and Terms and Conditions of Service

All services offered by the team target students who are at risk of **permanent exclusion**. Our services include a range of targeted programmes available to students on roll at mainstream school who have Education Health Care Plan and/ or a diagnosis of specific learning difficulties.

Referrals to the Outreach Team are considered where school action has been exhausted but has not affected change. Where schools and academies are maintained by or work in partnership with the LA Early Intervention Team, access to the HAB Outreach Team will be secured once the EIT intervention has completed. This is as agreed with LA partners and is reflected in the Local Authority and HAB commissioning agreement.

However, where a serious incident has taken place and the student is immediately at risk of permanent exclusion, a direct referral to the Outreach Service can be made.

Parental Consent is required for all direct work with children and young people. This may be obtained either directly by the school/ academy or by a member of the outreach team. Parental Consent may be included as an outcome of a HAB targeted intervention or school based multi-agency assessment or team around the child.

Whilst advice will be provided regarding all students referred to the service, the team is unable to provide direct intervention or support to students in place of the usual designated local authority support.

Referral Processes

All referrals to the Outreach Service must have a fully completed referral form and risk assessment form with details and outcomes of previous school action and referrals to external services included. A checklist of intervention will be completed in partnership with the school to explore whether further internal support or signposting may be necessary before the referral can be accepted.

Referrals can be submitted directly to the outreach and reintegration service.

Where cases do not reach our suitability criteria, referrals to Local Authority teams are advised.

Primary and Secondary Prevention and Reintegration Support

The primary and secondary outreach service provides short term practical support to children and young people at risk of exclusion and those returning to mainstream school following completion of the Refocus Programme or permanent exclusion from school.

Our aim is to help pupils improve their behaviour by setting personalised goals and addressing individual difficulties whilst providing 1:1 support to help achieve the targets set. All of our work is delivered in partnership with the home school or academy and behavioural progress is tracked and monitored to ensure improvement is achieved.

A Record of Support is provided to the home school upon completion of the programme to ensure positive strategies can continue to be offered after the programme has completed.

Behaviour support and reintegration support is offered free to schools and academies located within the London Borough of Bexley. Behaviour support is offered for 6 week duration and reintegration support up to 12 weeks where students are placed in to new schools following permanent exclusion.

Our Outreach Service Manager works in partnership with senior leaders to ensure each programme is personalised to the needs of the student. Each plan includes 1:1 support offered in and outside of the classroom dependent on difficulties and area of need. It is expected that the home/ new school provides a key person who will be responsible for leading and delivering the support devised in partnership with the outreach service team.

Where further help is required upon completion of the programme, advice will be provided on assessment pathways and external support offered within the London Borough of Bexley.

Alternatives to Permanent Exclusion

Where a permanent exclusion has been imposed, an alternative to permanent exclusion will be offered if appropriate and agreeable with Head Teachers and parents. The Outreach Service will provide a menu of alternative action which will take in to consideration the circumstance and needs of the child. This may include a referral to the Refocus programme or Long Term placement offered by Horizons Academy. All alternatives will be offered in line with DFE guidance on exclusions, if deemed appropriate and in the best interest of the child.

Please note: We are unable to offer long term placements at Horizons Academy for students in KS1, KS2 or KS3, have a statement of special education needs, Education Health Care Plan or are above or below compulsory school age.

Additional Services

In addition to the practical support offered to students, a broader menu of service is available at cost to primary and secondary schools and academies that targets specific barriers often placing children and young people at risk. A range of assessments, interventions, targeted workshops and accredited support programmes are available and can be delivered within the home school setting.

Assessment

Dyslexia and Dyscalculia Screening- suitable for primary and secondary students

Screening tests are designed to provide an indication of possible dyslexic difficulties which can be used to identify an area of support and as evidence for further testing and assessment. Each screening provides a personalised report which can be used by the home school to plan intervention and support for pupils as part of an Individual or Personalised Education Plan.

Goodman's Strength and Difficulties Questionnaires- suitable for primary and secondary students

A strengths and difficulties screening tool exploring a young person's vulnerability to internalising or externalising emotion communicated through their behaviour. The SDQ explores emotional, conduct, hyperactivity, pro social and peer relationships and include personalised programme of support. Each SDQ is accompanied by a personalised report which can be used by the home school to plan intervention as part of a personalised support programme.

Boxall Profile- suitable for primary and secondary students

A structured framework designed to assess the developmental, behavioural, social and cognitive engagement of children and young people within a classroom setting. The assessment is completed by our qualified staff and accredited by the Nurture Group Network. All profiles are accompanied by a personalised report and Individual Education Plan created to target identified areas of difficulty.

Advice and Support

Planning Meetings- suitable for primary and secondary students

A two hour meeting held in the mainstream school to discuss pupils of concern and create personalised support plans. Planning meetings include advice on behaviour strategies and interventions to address behaviour from the low level to the most serious.

Behaviour Surgeries- suitable for primary and secondary students

Two hour panel meetings with parents and students to address behaviour concerns and formalise agreed way forward following the schools own pastoral programmes. These may include attendance by partner agencies such as safer schools police officers and safer communities' team.

Anti-Bullying and Discriminatory Support- suitable for primary and secondary students

This includes a review of the school's Anti-Bullying Policy and restorative and mediation work in relation to cases of alleged bullying or specific anti-social behaviour targeting individual or groups of students.

Restorative Justice Conferences- suitable for primary and secondary settings

Impartial approach to resolve relationships difficulties between individual students or conflict between parents and school staff resulting from student behaviour in school.

All restorative work is facilitated by qualified team members

Formalised Intervention Programmes

Managed Moves- suitable for primary and secondary students

Facilitated between Bexley secondary academies/ schools where a move has been agreed as appropriate through school based planning meetings. This includes the coordination and monitoring of progress over the 12 week programme.

Cross Borough Managed Moves- suitable for primary and secondary students

Including presenting the case at Fair Access Panels and Inclusion Forums, coordinating referrals, arranging initial and review meetings and overseeing the full 12 week manage move process.

Targeted Support Programmes

***Accredited Peer Mentor Programme-** suitable for KS4 and KS5 students

This programme has been designed to enable students whose behaviour places them at risk of exclusion to benefit from internal peer support. Mentors receive training and support from our accredited peer mentor coordinator and mentees will be matched with mentors using selection and matching criteria.

Transition Workshop and Programme- suitable for Year 7 students

Targeted programme designed to identify children who may be at risk of exclusion within the new secondary setting. The programme includes attendance at the 'Surviving Secondary School!' transition workshop delivered at the secondary school/ academy in the autumn term followed by 6 sessions to help students embed the strategies and settle successfully in their new school.

The Social Awareness Programme- suitable for KS3 secondary students

A thought provoking programme designed to address the impact and reality of risk taking behaviour. The programme focusses on individual topics such as Substance Misuse, Knife Crime, County Lines, Gangs and Joint Enterprise, Sex and Healthy Relationships and Assertiveness Decisions and is delivered over 6 sessions in the home school.

The Outward Bound Project- suitable for KS3 and KS4 students

The Outward Bound Project is designed to engage young people who find the constraints of classroom based learning difficult to manage. The programme targets secondary students who exhibit anti-social behaviours particularly verbal and physical aggression toward peers and adults, often resulting in exclusion from school. Our project uses open space to provide an opportunity for students to work independently and within a team to develop the skills needed to positively overcome barriers and challenges that would usually result in frustration and confrontation with others.

Substance Misuse Support- suitable KS3 and KS4 students

The programme is designed to improve young people's knowledge and information of the risks related to drugs and substance abuse. It is delivered by our qualified substance misuse support officers and takes place in the home school setting. The programme consists of 6 sessions to help students absorb the information, make better choices and avoid risk taking behaviour.

Social Communication Programme- suitable for primary and secondary students

A structured programme designed to help children and young people develop the social communication skills needed to positively interact with peers and adults and manage their emotional responses appropriately within the classroom setting. This programme consists of 12 sessions delivered in the home school over a 6 week duration.

Training to Governors and School Teams

Exclusion from Schools and Academies

A full day training programme focussing on DFE Guidance and including Exclusion Process, Discipline Committee Meetings and Independent Review Panels. This training includes governor responsibilities regarding the education and outcomes for students attending on alternative provision.

Pastoral Support Programmes

A half day training session designed to introduce a programme of support that brings together parent/carers, school staff, students and relevant outside agencies. It is aimed at those students where there are specific concerns regarding attendance or behaviour.

Social Stories

A two part training session focusing on the use and creation of social stories and comic strip conversations. Participants will have the opportunity to practice their own social stories and guidance will be provided on suitable resources available to mainstream schools and academies.

Team Teach

Accredited Team Teach training includes the safe teaching of physical interventions, de-escalation techniques and behavioural support taught to staff using the Team Teach framework. The effective use of restorative language and approaches is included in the training.

SEN Menu of Service

In addition to our established outreach and reintegration service, we have created a menu of service in partnership with colleagues from across New Horizons Federation hub of SEMH schools specially designed to support children and young people with specific learning difficulties and those with EHCP on roll in mainstream schools and academies. Please contact Emma Stubbington, Head of Outreach and Reintegration Services for more details and cost of services.

1. Education Health Care Plan Application Support

A two hour consultancy meeting with the Horizons Academy SENCO to review, plan and maximise success of applications referred to the statutory assessment panel.

The consultation is designed to provide the school SENCO targeted advice for individual applications and top tips on additional information and data that can increase the chance of successful applications.

The meeting will take place at the home school and will include discussion, guidance and advice.

2. Behaviour Advice and Support

Individual personalised plans created by New Horizons SENCO in partnership with the home school SENCO, to address specific behaviour difficulties and established reward systems to help embed improved behaviour in children and young people.

The Behaviour Plan is a 6 week programme of combined support working in partnership with the home school team who will deliver the planned intervention to children and young people with ASD, ADHD and attachment disorders.

3. Interventions Programmes

Small group interventions are led by our Outreach Intervention Specialists delivered to children and young people targeting specific barriers to positive behaviour.

Interventions available include Social Skills, Social Stories and therapeutic approaches such as Lego Therapy and Drawing and Talking.

4. KS1 - KS2 Transition Programme

A 6 week programme designed to provide transitional support to students with SEND who may find moving to KS2 difficult. Small group sessions allow for discussion and interaction whilst focussing on individual concerns and difficulties. Topics include similarities between KS1 and KS2, where and who to go to for help, managing feelings and emotions and building relationships. A supported visit to the new school or classroom is also included.

5. Observations, Screening and Assessments

A range of structured assessments to explore unmet or undiagnosed difficulties. Each assessment is accompanied by a personalised report which can be used as part of an external referral or additional information for statutory assessment applications.

Assessments available include completion of Boxall Profiles, Goodman's Strength and Difficulties Questionnaire and Screeners available to explore possible dyslexia and dyscalculia and speech and language difficulties.

Observations conducted by the New Horizons SENCO to highlight behavioural difficulties and suggest positive behaviour strategies are offered. The observation report will include recommendations on contributing factors and barriers such as the environment, differentiated work and negative social interaction.

All assessments and observations will be accompanied by targeted feedback and action plan.

6. SEN Consultation

A two hour consultancy meeting with the Head Teacher of Aspire SEMH Academy or Head Teacher of Endeavour SEMH Academy.

The consultation is designed to allow Head Teachers and Senior Leaders opportunity to receive targeted advice for individual students or strategic recommendations to help develop internal systems or whole school approaches to managing the behaviour of children with specific difficulties. The meeting will take place at the home school and will be personalised to the requirements of the setting. This can include a range of strategic and practical advice for students, school teams and parents.

Please note: charges included in the Outreach and Reintegration Guide relate to schools and academies located in the London Borough of Bexley only. Please refer to the Outreach and Reintegration Service charging structure for costs related to schools and academies located outside of the London Borough of Bexley.

Testimonials and Evaluations

All casework is evaluated by school, parents and students with annual testimonials requested by Head Teachers and Senior Leadership at the end of each academic year.

Information and charges regarding any of the programmes, additional services and SEN targeted interventions included in this guide can be located on the HAB website www.newhorizonsfederation.org.uk or by contacting a member of the Outreach and Reintegration Service;

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