



## New Horizons Outreach Service Behaviour Support and Intervention

### **Behaviour Action Plan**

All students referred to the Outreach Service receive personalised Behaviour Action Plans targeting the specific behaviour placing the young person at risk of permanent exclusion. Our mission is to unpick *why* the student is exhibiting these types of behaviours. We aim to provide the help needed for young people to understand and accept their personal circumstances and help them to build resilience needed to improve behaviour and avoid exclusion from school.

### **Triangulation of Support**

All students are placed on a six week Behaviour Action Plan with SMART targets devised targeting the main behaviours leading to exclusion. Targets are set in partnership with the school after discussion with the parent and student. To ensure triangulation of support and continued partnership working, the school and parent are also set targets to ensure a holistic approach to support the student and maximise success. Parental engagement is an essential part of the programme and formal approaches will be taken should parents choose not to engage with the plan.

### **Monitoring and Tracking**

To ensure the plan is producing positive outcomes and improved behaviour, formal reviews are coordinated with the school, parent and student at the beginning middle and end of the plan. If behaviour continues to cause concern, an urgent meeting is convened to prevent escalation. In the event of fixed term exclusion, the Outreach Service Manager will attend the school reintegration meeting where discussion may include escalating the level of intervention to a full time 14 week programme at Horizons Academy Bexley.

### **Questionnaires**

In addition to the initial meeting and target setting, questionnaires are disseminated across the teaching and support staff to gain further information regarding the student's strengths and difficulties. Questionnaires are used in line with the frequency of review meetings to measure the impact and effectiveness of the programme and to monitor progress.

Where questionnaires indicate progress in some subjects but not in others, further exploration can be made by the school. This may include sharing positive teaching strategies, best practice across the team or as an indicator for further assessment to explore possible learning difficulties.

The student is an active participant throughout the programme and will be required to complete a self-evaluation questionnaire in line with those completed by staff. It is important the student feels part of the process to help promote and emphasise the 'support' element of the plan, whilst understanding the seriousness and possible consequence should they choose not to participate or adhere to the targets set.

### **Observation**

It is important to ensure the student is using the positive behaviour strategies received by the outreach officer throughout the school day. Where difficulties arise or sanction is imposed, the Outreach Service Manager or Outreach Intervention Specialist will observe the student to identify the areas of concern, what support is required or changes needed to help the student manage their behaviour and access learning in the classroom.

Observations are carried out routinely throughout the plan and data collated is shared with parents and the school during review meetings. Areas of difficulty highlighted can be used to inform change such as new group or setting, seating plan or as an indicator of a learning difficulty. Where progress is highlighted this can be celebrated with the student and shared with all parties at the review meetings.

### **Weekly Progress Reviews**

Whilst the Behaviour Action Plan is coordinated and supported by the Outreach Team, it is important the school allocates a key person to oversee internal actions and monitor the progress of the student on a daily basis. An Outreach Service Intervention Booklet is supplied and we request the student is provided an opportunity each week to sit with the key person to reflect and discuss behavioural progress and areas of development. This process allows for consistent monitoring and also helps the student to build relationship with the key person in school which is essential for continued progress once the Behaviour Action Plan and outreach support is completed.

The Intervention Booklet must be returned via email to the Outreach Service Manager each week who will review and assess outcome and coordinate action if required. If progress is made and no immediate action necessary, the weekly monitoring sheet will help inform the review meetings in line with the questionnaires completed by staff and student.

### **1:1 support**

To help the student achieve the targets set, an outreach officer is allocated to provide 1:1 support. The aim of the support is to ensure the student's voice is included throughout the process and to help the student embed positive behaviour responses both in and outside of the classroom.

All support is personalised to the needs of the student and includes activities to explore the wider circumstances of the young person's life including family, peer groups, addictions, anti-social and risk taking behaviours. Where safeguarding concerns are raised, immediate action will be taken to ensure processes are followed and concerns are addressed immediately.

The support allows for honest discussion and promotes self-reflection and behaviour repair opportunities such as restorative justice approaches. It is important young people learn to take ownership for their behaviour and how to put things right when they have gone wrong. It is important school teams are agreeable to engage in these processes where required to allow students the chance to use the strategies in day to day situations.

Initially 1:1 sessions are conducted outside of the classroom to build relationships and allow the student opportunity to speak freely about concerns or celebrate achievements. Throughout the plan, the 1:1 support will extend to the classroom to both observe and reinforce positive strategies to help the student manage their own behaviour. Improved behaviour will provide the student more access to the curriculum and allow opportunity to reengage and progress in learning.

### **Home School Support and Engagement**

Our behaviour support is a short term intervention and it is therefore important that an allocated key worker is appointed by the home school at the start of the programme. The key worker will work alongside the outreach officer and will attend some sessions in order to learn the strategies developed through the targeted work. The key worker will be responsible for day to day support and weekly review meetings with the student. As the behaviour plan completes the relationship between the student and key worker will develop in preparation of transferring the full support plan from the outreach service to the home school team.

### **Outcome and Further Action**

Once the Behaviour Action Plan has completed a full review and discussion will take place with the school, parent and student. Upon reviewing the students' progress, one of three outcomes will be determined;

1. Sufficient progress- the student is no longer deemed at risk of permanent exclusion and the plan will close,
2. There has been some progress noted but not sufficient to close the programme- extended for a further 3 or 6 weeks. The Behaviour Action Plan will not be extended beyond 12 weeks.
3. There has been no improvement and the student remains at risk of permanent exclusion- referral for external assessment to explore unmet or undiagnosed need or manage move to a new school should be considered. Where persistent or high level behaviour is evident a referral to Horizons Academy Bexley for a 14 week full time intervention programme can be discussed.

If it is agreed the Behaviour Action Plan will close, an Individual Behaviour Plan will be devised in partnership with the school to help the school provide continuity of support by identifying and targeting areas of behaviour still to develop.

### **Record of Progress**

All information regarding students placed on a HAB Behaviour Action Plan is collated and an 'Inclusion Record' is provided to the school. This information can further inform internal support or can be used to inform assessment for statutory processes and community paediatrician.

### **How to Access Behaviour Support**

All referrals to the NHF Outreach Service must have a fully completed referral form and risk assessment form with details and outcomes of previous school action and referrals to external services included. A checklist of intervention will be completed by the Outreach Service Manager to explore whether further support or signposting may be necessary before the referral can be accepted.

All referrals for behaviour support should be submitted to the Outreach Service Manager directly.

### **Suitability Criteria**

The Outreach Team will support primary and secondary aged students at risk of permanent exclusion. Whilst advice will be provided to all students referred to the team, we are unable to provide direct intervention or support to students in place of the usual designated local authority support teams for the following students.

Outreach Support is **not** suitable where a student has:

- Not reached the age of compulsory education;
- Not completed internal school based interventions;
- Not received support from the Local Authority Designated Teams
- Special Education Needs or Specific learning or conduct difficulties such as ADHD, ASD or ODD;
- A Statement or Education Health Care Plan;
- Mental Health Difficulties;
- Looked After Status.

Where a student has SEN or specific learning difficulties, a referral to the SEN outreach service should be considered. ***Please note, there is a charge for this service. Please contact Paola Sim, Outreach Service Manager or refer to our website for further details.***

**For further information please contact;**

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*Outreach behaviour support is available to schools and academies across the London Borough of Bexley and neighbouring local authorities. Where schools are located outside of the London Borough of Bexley, costs for outreach support will apply. Please contact the Head of Outreach and Reintegration Services for further information.*

Information is also available on our website  
[www.newhorizonsfederation.org.uk](http://www.newhorizonsfederation.org.uk)