



Outreach and Reintegration Service

KS1, KS2 and KS3 Social Skills Group

Overview

Our social skills group helps children and young people develop the social communication skills needed to positively interact with peers and adults and manage their emotional responses appropriately within the classroom setting.

Suitability

The group size is small and includes a maximum of 8 students. To ensure accessibility for all students, children with specific learning difficulty and those with social emotional mental health difficulties can be referred. Where children require additional support, members of staff from the home school will be required to participate in each session.

Programme Delivery

The social skills group is delivered within the mainstream school over a 6 week period. Each student referred has an initial social skills assessment completed by a member of the home school who has good sound knowledge and understanding of the student's behaviour and development. The assessment has been designed by the Outreach Service Manager to explore four specific areas which will be the focus of the social skills programme. This information will provide indication of the child's strengths and areas of development as well as being used to measure the students' progress throughout the programme.

Two 45 minute sessions are delivered each week to provide consistency to help students embed the strategies taught throughout the programme. Each session will be differentiated depending on assessment outcomes, student abilities and areas of concern.

Programme Content

The programme will target four key areas broken down in to individual achievable sessions that will be differentiated to ensure accessibility for all students. These include;

- Body Language
- Conversational Skills
- Conflict Resolution
- Assertiveness

Measuring Progress and Outcomes

Following each session, the facilitator completes an assessment which focusses on the student's levels of engagement, behaviour, understanding and interaction with peers and adults. This data is recorded throughout the programme and shared with the home school team. A social skills assessment is completed at the end of the programme combined with the sessional assessments to measure student overall progress. This information can be used by the home school to create individual education plans or pastoral support programmes or as evidence for external referrals or assessments.

Referral Process

Referrals are welcome from mainstream primary and secondary Head Teachers, Senior Leaders and Special Educational Needs Coordinators. A fully completed referral form and risk assessment should be submitted together with any SEN information. All referrals should be emailed to the Outreach and Reintegration Service at Horizons Academy Bexley.

For further information and to submit referrals, please contact;

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Information is also available on our website
www.newhorizonsfederation.org.uk

