



Outreach and Reintegration Service

Transition Programmes

Our programmes are designed to provide early transitional support to pupils who may struggle to settle in to their new key stage or secondary provision because of challenging behaviour which could place them at early risk of exclusion.

We offer two programmes aimed to support the needs of children and young people as they transition from KS1 to KS2 and transfer from primary to secondary school.

KS1 to **KS2** Transition Programme

Our 6 week programme has been designed to provide transitional support to students who may find moving to KS2 difficult. Small group sessions allow for discussion and interaction whilst focussing on individual concerns and difficulties. Topics include similarities between KS1 and KS2, where and who to go to for help, managing feelings and emotions and building relationships.

We deliver 5 sessions in KS1 which includes an accompanied visit with the student to KS2 to help them locate their new classroom and meet their new teacher. A further session is delivered in KS2 following the students start in the new academic year to ensure their transfer has been positive and to offer support and guidance when additional help is required.

Primary to Secondary School Transition Programme

The programme has been designed to explore issues around a child's natural anxiety of changing schools and how behaviour may be used by some pupils as a form of self-protection when they feel a loss of control in a new environment.

Topics for discussion will include the following:

- Similarities between Primary and Secondary School
- Managing Feelings and Emotions
- Dealing with Conflict
- Building Relationships with Adults and Peers
- Where and Who to go to in School for Help
- Top Tips on being Successful in Year 7

The programme is delivered in the secondary school and targets students who have been identified by their primary school as likely to experience difficulties upon transfer. The programme is facilitated by members of the outreach team and is delivered to small groups of 8 students. As the material and resources are interactive we request the home school provide a room sufficient for movement and group participation.

For further information and costs associated with the programme, please contact Head of Outreach and Reintegration Services or refer to our website.

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New Horizons Website

www.newhorizonsfederation.org.uk